



ITINERARY

How does my Itinerary look like?

DAY 1: US TO MX

- Arrive at San Diego Int'l Airport day before surgery.
- Driver will take you across the border to the Hotel in Tijuana.
- Our TreVita Concierge will be there to meet you and check you in. She'll be there to help you settle in.
- Relax after your day of traveling.

DAY 2: SURGERY

- The morning of surgery, check out of the Hotel. Take all your belongings.
- Meet our driver from hotel outside front door to be driven to the Facility.
- Upon arrival at the facility, a TreVita Concierge and the Doctor's team will meet you in the lobby to help you check-in and prepare you for surgery.

DAY 3: RECOVERY

- After surgery, you'll stay an additional day* at the hospital to be monitored by doctor's staff.
- They'll administer several tests and monitor your health for the next 24 hours.

DAY 4: BACK TO HOTEL

- You will be discharged from the hospital by the Doctor. Your prescribed medication will be given to you before you leave.
- Meet our driver from Hospital outside to be driven back to the hotel.
- Our TreVita Concierge will assist you with the Hotel check in.

DAY 5: DEPARTURE

- Transportation will pick you up at the hotel and drive you to the San Diego Airport.